iCHAMPSS

CHoosing And Maintaining Effective Programs for Sex Education in Schools
www.ichampss.org

ABOUT THE SYSTEM

iCHAMPSS was developed from theory, research, and practical experience to guide individuals through the process of adopting, implementing, and maintaining evidence-based programs (EBPs) for sexual health. This interactive decision-support system (DSS) leads users through the 7 steps of getting EBPs into their schools: Prioritize, Assess, Select, Approve, Prepare, Implement, and Maintain. The Support "step" is utilized throughout each of the other 7 steps. iCHAMPSS is an innovative web-based DSS that can assist users in overcoming common barriers (e.g., uncertainty around policies, perceived lack of parental support, difficulty navigating the process) to getting EBPs into their schools.

EVALUATION

We conducted a usability study among 16 stakeholders across Texas school districts in the Fall of 2014. Participants tested all iCHAMPSS features over a 3-week period. Pre- and post-test surveys were administered online.

Acceptability: 93.75% liked iCHAMPSS a lot.
Ease of Use: 43.75% felt iCHAMPSS was very easy to use and 56.25% felt it was kind of easy to use.
Helpfulness: 81.25% felt iCHAMPSS was more helpful than their district's current resources for adopting, implementing, and maintaining EBPs.
Perceived Impact: The following variables increased: Knowledge of EBPs (56.25%); Confidence to adopt an EBP in their district (68.75%); Confidence to implement an EBP in their district (75.00%); Confidence to maintain an EBP in their district (68.75%).
Credibility: 100% felt the information presented was trustworthy and accurate.
Motivational Appeal: 100% would recommend iCHAMPSS to others and would use it again.

DSS FEATURES

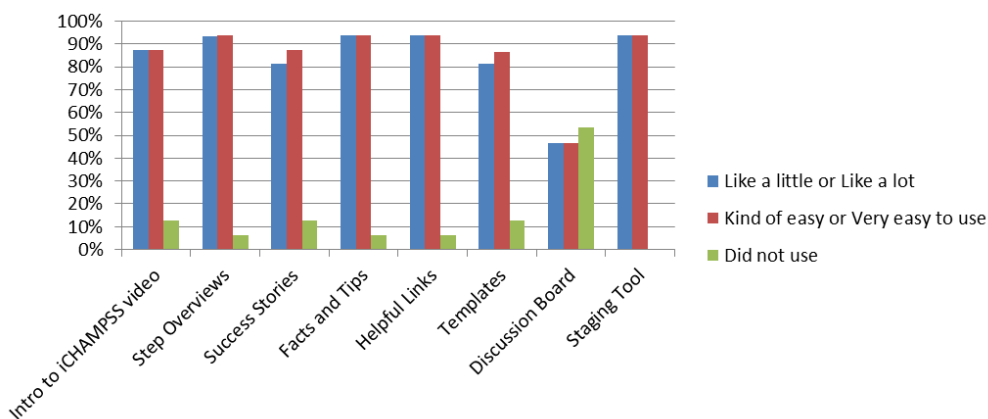**CHAMPSS Model Tutorial**

Staging Tool

Tools Library
Step Overviews · Success Stories · Facts & Tips · Helpful Links · Templates

Linkage System
Connecting with Others Discussion Board

Figure 1 below details usability ratings for specific DSS components.

Legend:
- Like a little or Like a lot
- Kind of easy or Very easy to use
- Did not use

For more information about iCHAMPSS, please contact:
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UTHealth
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Figure 2. iCHAMPSS Tools Library

CHAMPSS: CHoosing And Maintaining Effective Programs for Sex Education in Schools

	Adoption				Implementation		Maintenance	
	Prioritize	**Assess**	**Select**	**Approve**	**Prepare**	**Implement**	**Maintain**	**Support**
Step Overview	Prioritize Sexual Health for Your District	Assess Your District Needs & Resources	Select an EBP for Your District	Get Your EBP Approved	Prepare for Program Implementation	Implement Your EBP with Fidelity	Maintain Momentum for Your EBP	
Success Stories	Success in Prioritize		Success in Select	Success in Approve	Success in Prepare	Success in Implement	Success in Maintain	Success in Support
Facts & Tips	School Health Advisory Councils 101; Creating a SHAC; Improving SHAC Performance; Introduction to Evidence-Based Programs	Understanding Texas Laws; Finding Policies & Programs; Building Resources	Smart Program Shopping; EBP Selection Guide	School Board Approval Process	Identifying Good Health Educators; Find Solutions to Implementation Barriers; Adapting Programs	Classroom Management	Interpret Findings for Success; Language for Reporting Successes	Sexual Health Education Common Myths; Communicating Effectively; Mobilizing Key Personnel; iCHAMPSS Flowchart
Helpful Links	SHAC Resources	Sexual Behavior Survey; Data Sources; Parent Views	Writing SMART Goals; National Lists of EBPs		Adaptation Kits & Resources		Process Data Tutorials	Advocacy Resources
Templates	SHAC Resolution Statement	Interview Guides; Parent Poll; Needs Assessments	SHAC Recommendation Letter	Notification Letter to Principals	Notification Letter to Parents; Opt-In & Opt-Out Forms; Implementation Plan	Pre & Post-Test; Curriculum Fidelity Logs; Attendance Logs; Classroom Observation Forms; Teacher Satisfaction Questionnaire; Process Evaluation Report; Outcome Evaluation Report (optional)	Teacher Certificate; Maintenance Plan	Stakeholder Analysis

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