



## Locate Services for Children, Adolescents, and Young Adults

### Health Insurance

**Health Insurance** – Go to <http://www.healthcare.gov> to find out about health insurance options for individuals, families and small businesses. Eligible people may sign up at any time for Medicaid and the Children’s Health Insurance Program (CHIP). Learn about these programs in your state at <http://www.insurekidsnow.gov/state/index.html> or call **1-877-Kids-Now (1-877-543-7669)**.

**Free or Low-cost Medical and Dental Care** – Find a health center near you with this tool [http://findahealthcenter.hrsa.gov/Search\\_HCC.aspx](http://findahealthcenter.hrsa.gov/Search_HCC.aspx).

**Mental Health Services** - Find information on mental health services, including; alcohol, drug abuse, as well as treatment centers, and resources for professionals, consumers, and the public. Search by ZIP Code and type of service at <http://findtreatment.samhsa.gov/>.

**Suicide Lifeline** – If someone you know is suicidal or in serious emotional distress, call the toll-free National Suicide Prevention Lifeline at **1-800-273-TALK (8255)** or visit <http://www.suicidepreventionlifeline.org/>. If medical help is needed immediately, call **911**.

**Substance Abuse Treatment Facilities** – Search by state or ZIP Code to find licensed public or private facilities and treatment programs at <http://findtreatment.samhsa.gov/TreatmentLocator/faces/quickSearch.jspx>.

**HIV and Sexually Transmitted Diseases (STDs) Testing** – Locate a clinic near you that offers low cost vaccinations, testing and prevention counseling for HIV and other STIs at <https://gettested.cdc.gov> or call **1-800-CDC-INFO**.

### Health Care

**HIV Services and Testing Sites** – Enter your location at <http://locator.aids.gov/> to identify local HIV Testing, Housing Assistance, Health Centers, Ryan White HIV Care, Mental Health Services, Substance Abuse Services, and Family Planning Services.

**Family Planning Services** – Visit <http://www.hhs.gov/opa> and enter your ZIP Code in the “Find a Family Planning Clinic” box to locate local family planning clinics near you

**Quit Smoking** – Talk with a tobacco cessation specialist, sign up for smoke free texts, and find other resources by calling **1-800-QUIT NOW** or visiting <http://teen.smokefree.gov>

**Flu Vaccination Providers** – Flu vaccinations are recommended for everyone older than six months of age. Enter your ZIP Code at <http://flushot.healthmap.org/> for a site near you

**Poison Help** – When accidents happen with chemicals, medicine, or household items, call the American Association of Poison Control Centers at **1-800-222-1222** to get help right away from a poison expert. If someone is unconscious or has trouble breathing, call **911**.

**Indian Health Service Facility Locator** - To locate an Indian Health Service, Tribal or Urban Indian Health Program facility (including hospitals, health centers, dental clinics, and behavioral health facilities), enter your location at <http://www.ihs.gov/forpatients/index.cfm/findhealthcare> or click the location on the map.

## Health Info

**Health Topics** – Visit the website <http://www.healthfinder.gov> to locate information for consumers on 1,600 health topics.

**Health Information Telephone Lines** – NIH provides telephone information lines to help you find information on a number of diverse health topics such as cancer treatment options, rare diseases, or child health. Find the phone numbers at <http://www.nih.gov/health/infoline.htm>

**Temporary Assistance for Needy Families (TANF)** – To apply for TANF assistance, please contact your State TANF agency or click on the link to your state’s social service programs at <http://www.acf.hhs.gov/programs/ofa/help>.

## Assistance programs

**Summer Meals for Children** – Find locations near you that serve meals to children during the summer months by calling the National Hunger Hotline at **1-866-3-HUNGER** (for information in English) or **1-877-8-HAMBRE** (for information in Spanish).

**Supplemental Nutrition Assistance Program (SNAP)** – Learn where and how to apply for SNAP at <http://www.fns.usda.gov/snap/outreach/map.htm>. Most of the telephone numbers listed are toll-free; some accept collect calls. Find local retail stores that welcome SNAP Electronic Benefit Transfer (EBT) customers at <http://www.fns.usda.gov/snap/retailerlocator>.

**Report Child Abuse** – Find state toll-free numbers for agencies that receive and investigate reports of suspected child abuse and neglect. Visit <http://www.childwelfare.gov> and click on “How to Report Child Abuse and Neglect.”

**Dating Violence** – Get advice about preventing dating violence using the live chat feature at <http://loveisrespect.org>, a service funded by the Department of Justice.

**Domestic Violence and Rape Assistance Locator** - Use an interactive map that lists resources for rape and domestic violence prevention and assistance by state at <http://www.justice.gov/ovw/local-resources>.

## Social Services

**Runaway and Homeless Youth** – The National Runaway Switchboard is the federally-designated communication system for runaway and homeless youth. Call **1-800-RUNAWAY** 24 hours a day or visit <http://www.1800runaway.org/>.

**Homelessness Resource Center** - Click on your state at <http://homeless.samhsa.gov/Resource/LocalResources.aspx> to view local homelessness resources available near you.

**Head Start Locator** – Find a Head Start or Early Head Start center near you at <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>.

**Disability Information and Services**- Enter your state at <https://www.disability.gov/> to find organizations in your community that can help you apply for disability benefits, find a job, get health care or pay for accessible housing.

*Your local health department or health care provider is a good source for additional services near you.*

