

# PARA LOS NIÑOS



OUR CHLA KIDS TEAM SERVES FAMILIES IN CHINATOWN, WESTLAKE, TEMPLE-BEAUDRY, DOWNTOWN LA, MACARTHUR PARK, AND KOREATOWN.

## Healthy Families, Healthy Communities

Understanding the vital role that parents play in communities, Para Los Niños works in collaboration with parent leaders across Los Angeles. Our Choose Health LA Kids (CHLA Kids) team provides nutrition education, cooking demonstrations, and grocery

store tours. We share community resources and work with other nonprofits as well as local restaurants. Our team supports leaders involved in our Parent Collaborative, a passionate group of parents focused on policy change. In partnership with the LA

County Department of Public Health and funded by First 5 LA, CHLA Kids is working with a broad range of partners to implement community-based public education, skills-building and environmental changes that promote physical activity and healthy eating.



LEARN



EAT



PLAY

