

PROMIS® PHYSICAL FUNCTION ITEMS

- PFA11 Are you able to do chores such as vacuuming or yard work?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA12 Are you able to push open a heavy door?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA16 Are you able to dress yourself, including tying shoelaces and buttoning your clothes?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA34 Are you able to wash your back?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA38 Are you able to dry your back with a towel?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA51 Are you able to sit on the edge of a bed?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA55 Are you able to wash and dry your body?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFA56 Are you able to get in and out of a car?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty
 [.....] With much difficulty
 [.....] Unable to do

- PFB19 Are you able to squeeze a new tube of toothpaste?**
 [.....] Without any difficulty
 [.....] With a little difficulty
 [.....] With some difficulty

[.....] With much difficulty
[.....] Unable to do

PFB22 Are you able to hold a plate full of food?

[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFB24 Are you able to run a short distance, such as to catch a bus?

[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFB26 Are you able to shampoo your hair?

[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFC45 Are you able to sit on and get up from the toilet?

[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFC46 Are you able to transfer from a bed to a chair and back?

[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA1 Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?

[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFA3 Does your health now limit you in bending, kneeling, or stooping?

[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFA5 Does your health now limit you in lifting or carrying groceries?

[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFC12 Does your health now limit you in doing two hours of physical labor?

[.....] Not at all
[.....] Very little
[.....] Somewhat

- [.....] Quite a lot
- [.....] Cannot do

PFC36 Does your health now limit you in walking more than a mile?

- [.....] Not at all
- [.....] Very little
- [.....] Somewhat
- [.....] Quite a lot
- [.....] Cannot do

PFC37 Does your health now limit you in climbing one flight of stairs?

- [.....] Not at all
- [.....] Very little
- [.....] Somewhat
- [.....] Quite a lot
- [.....] Cannot do

PFA21 Are you able to go up and down stairs at a normal pace?

- [.....] Without any difficulty
- [.....] With a little difficulty
- [.....] With some difficulty
- [.....] With much difficulty
- [.....] Unable to do

PFA23 Are you able to go for a walk of at least 15 minutes?

- [.....] Without any difficulty
- [.....] With a little difficulty
- [.....] With some difficulty
- [.....] With much difficulty
- [.....] Unable to do

PFA53 Are you able to run errands and shop?

- [.....] Without any difficulty
- [.....] With a little difficulty
- [.....] With some difficulty
- [.....] With much difficulty
- [.....] Unable to do

PFA7 How much do physical health problems now limit your usual physical activities (such as walking or climbing stairs)?

- [.....] Not at all
- [.....] Very little
- [.....] Somewhat
- [.....] Quite a lot
- [.....] Cannot do

PFB1 Does your health now limit you in doing moderate work around the house like vacuuming, sweeping floors or carrying in groceries?

- [.....] Not at all
- [.....] Very little
- [.....] Somewhat
- [.....] Quite a lot
- [.....] Cannot do

PFA4 Does your health now limit you in doing heavy work around the house like scrubbing floors, or lifting or moving heavy furniture?

- [.....] Not at all
- [.....] Very little
- [.....] Somewhat
- [.....] Quite a lot
- [.....] Cannot do