

# COORDINATED SCHOOL HEALTH = ECONOMIC HEALTH






## ECONOMIC REALITIES:

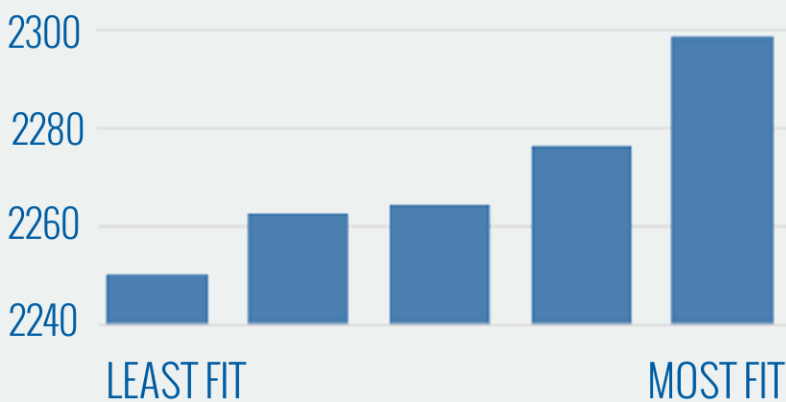
Obesity related diseases cost TX  
 **\$9.5 BILLION**  
 and rising annually<sup>1</sup>

A 4% increase in HS grad rate would mean  
 **\$1.69 BILLION**  
 annual economic benefit to TX<sup>2</sup>

## COORDINATED SCHOOL HEALTH IS PROVEN TO:

-  **DECREASE OBESITY**  
by up to 8% in school aged children
-  **INCREASE FITNESS**  
which correlates with higher test scores
-  **INCREASE GRADUATION RATES**  
by 5.6% over non-CSH schools

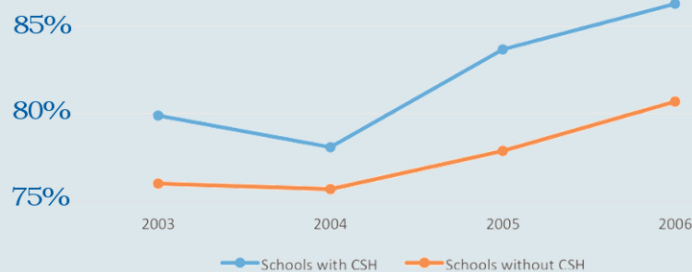
## AVERAGE TAKS SCORE BY FITNESS LEVEL<sup>4</sup>



## Obesity Reduction after 2 years CSH<sup>3</sup>



## Tennessee HS Graduation rates, with and without CSH<sup>5</sup>



## WHAT IS COORDINATED SCHOOL HEALTH?

Coordinated School Health (CSH) is a systematic approach to improving the health and well-being of all students so they can fully participate and be successful in school. By bringing together all of the major players in a child's life, CSH creates an environment that is supportive of health and learning.



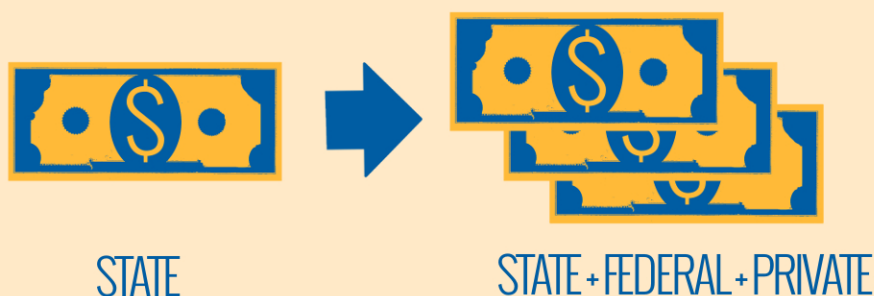
- Parents/Community
- Administrators
- Classroom Teachers
- Physical Educators/Coaches
- Child Nutrition Services
- Health & Social Services

# FUNDING OPPORTUNITY

Texas made Coordinated School Health (CSH) mandatory in 2001. But the truth is, without new funding, most Texas school districts won't be able to implement best practice CSH programs. None of the benefits will be realized.

In 2014, there were **3.3 million** public school children in grades K-8

A quality school health program costs around **\$9.10** per child  
 $\$9.10 \times 3.3M =$  **\$30 million** annual cost of Coordinated School Health



Q: Should the state of Texas pay the full cost of CSH?

A: No, but a **\$2.5 million** annual investment will go a long way, especially with federal matching grants.

50% of annual cost is currently met locally. A state investment **unlocks as much as a 2:1 match** from federal & private sources.

## ANNUAL CSH FUNDING PER CHILD<sup>6</sup>

**\$16.00**  
Tennessee

**\$9.60**  
Oklahoma (Pending)

**\$6.00**  
Florida (Pending)

**\$0.00**  
Texas

This information is brought to you by:

Texas Public Health Coalition  
[www.texmed.org/publichealthcoalition](http://www.texmed.org/publichealthcoalition)

& Partnership for a Healthy Texas  
[www.partnershipforahealthytexas.org](http://www.partnershipforahealthytexas.org)

For more information, contact:  
Lauren A. Dimitry  
Chair, Partnership for a Healthy Texas  
512-473-2274  
[ldimitry@txchildren.org](mailto:ldimitry@txchildren.org)

For sources to the statistics footnoted, visit [catchinfo.org/TXCSH](http://catchinfo.org/TXCSH)