

# Results

- All 102 participants used at least one herbal remedy. Overall, participants used an average of 13 herbal remedies (SD 7.8), with most using 11 herbs (median 12).
- Almost all participants gained knowledge of herbal remedy usage from some combination of family and community elders, with most learning of the practice from only their mothers (17%).

## Demographics Summary Across All Participants

Average Age	37 (SD 11.6)
Average # of Individuals per Household	5 (SD 1.8)
Average # of Children per Household	3 (SD 1.6)
Percentage who were Women	96%





