

# Transforming the health of South Seattle and South King County: Community Transformation Grant

## Building healthy communities

*Transforming the health of South Seattle and South King County* is a collaborative effort to change where we live, work and play so residents can be physically active, have access to healthy foods and drinks and live in tobacco-free environments.

We are working in the cities of Auburn, Burien, Des Moines, Kent, Normandy Park, Renton, SeaTac and Tukwila, and the neighborhoods of Southeast Seattle and North Highline; this area has a combined population of over 479,000.

### Collaboration for community change

#### Seattle Children's

Provides co-leadership, oversight and funding for community organizations.

#### Healthy King County Coalition

Provides co-leadership and brings strong ties to community organizations and residents.

#### Public Health - Seattle & King County

Provides co-leadership and support to organizations receiving funds.

## The Leadership Team

The Leadership Team will provide strategic advice, review progress, explore further cross-sector collaboration and anticipate emerging opportunities. As highly respected and influential leaders within the focus communities, Leadership Team members have committed to championing CTG strategies to speed changes in their sectors.

## Evaluation

Our evaluation team is led by Seattle Children's and Public Health - Seattle & King County, with support from the University of Washington's Center for Public Health Nutrition. Evaluation team members will work with organizations receiving funds to monitor performance and assess impact.

### Key facts

- ★ One in five youth in King County is overweight or obese. Rates are highest among males, youth of color and those in South King County.
- ★ King County has the most extreme smoking inequities of the 15 largest counties in the U.S.
- ★ In WA, nearly two out of three deaths each year are from diseases related to smoking and obesity.



## Working together

This two-year initiative is funded by the Affordable Care Act's Prevention and Public Health Fund and brings together three organizations and a wide range of community partners to focus resources in communities where people do not have an equal opportunity to make choices to live a healthy life.

Tobacco prevention	
Housing providers	Create smoke-free multi-unit housing. (Renton Housing Authority and others)
Cities	Create tobacco-free city park systems. (Tukwila, Normandy Park and others)
Safe and healthy physical environments	
Puget Sound Regional Council	Develop a best practice toolkit for cities address health in planning.
City of SeaTac	Engage the community to inform the planning for the Angle Lake Light Rail Station; conduct a technical study of pedestrian/bike access.
Studio 3MW, City of Auburn	Conduct a Health Impact Assessment for the City of Auburn's Comprehensive Plan.
Active living	
City of Des Moines	Increase the number of summer, before and after school programs with high-quality physical activity standards.
City of Tukwila	Address barriers to universal swimming opportunities.
Highline Public Schools	Increase the number of students with access to high-quality physical education.
Kent School District	
Katy Levenhagen, child care health consultant	Provide technical assistance to child care and afterschool programs to implement active living best practice standards.
Healthy eating	
Childhood Obesity Prevention Coalition	Educate the community on health effects of sugary beverages; assist organizations in procuring healthy beverages.
City of Seattle	Implement farm-to-school programs in child care and senior sites.
Health Care Without Harm	Increase availability of healthy foods in hospitals.
Katy Levenhagen, child care health consultant	Provide technical assistance to child care and afterschool programs to implement healthy eating best practice standards.
Kent School District; UW Ctr. for Public Health Nutrition; Cornell U.	Increase consumption of healthy foods by using behavioral economic strategies to make low or no cost changes to school cafeterias.
Seattle Public Schools	Provide support to other districts for healthier food in schools.
WA State Dept. of Agriculture	Implement a farm to school program in Kent, Auburn and Renton.
Community capacity development	
Got Green	Develop leadership skills in low income women of color to increase the affordability and accessibility of fresh produce and healthy foods. (SE Seattle)
Global to Local	Increase community opportunities for culturally appropriate physical activity and increase community capacity to participate in the planning process. (Tukwila)
Horn of Africa Services	Increase youth capacity to educate families and communities about the physical activity and healthy eating in out-of-school programs. (Seattle)
OneAmerica	Increase capacity for immigrant communities to engage in transit planning. (Renton, SeaTac and Tukwila)
Washington CAN!	Develop a plan to improve access to healthy food and physical activity. (Auburn)

For more information, please visit: <http://www.kingcounty.gov/health/ctg> or contact Lindsey Greto, CTG program manager at [Lindsey.Greto@seattlechildrens.org](mailto:Lindsey.Greto@seattlechildrens.org), 206-987-4211. Updated: 10/21/2013