

Survey-based Measures of Social Identity and Group Norms

Group Identity [4]

Questions 1-6

Commitment and Motivation [5, 6]

Questions 7-11

Perceived Group Norms: (Perceived characteristics or standards to which group members adhere) [1]

Friends and Peers: Questions 12, 13, 18, 22

Diabetes TeleCare Group: Questions 14, 15, 19, 23

Descriptive Norms: (Individual's perceptions about the prevalence of a behavior) [1]

People Important to You: Questions 16, 20

Diabetes TeleCare Group: Questions 17, 21

Group Questionnaire: Administered Pre- and Post-Intervention

Questions 1 - 6 ask about your attitudes towards your Diabetes TeleCare group. Each question has a range of responses from 1 to 5.

Please rate how strongly you agree or disagree with each of the following statements by clearly circling the appropriate number.

1 = Strongly disagree

2 = Disagree

3 = Undecided

4 = Agree

5 = Strongly agree

	Strongly disagree				Strongly agree
1. IF someone criticizes my Diabetes TeleCare group, it feels like a personal insult.	1	2	3	4	5
2. I am very interested in what others think about my Diabetes TeleCare group.	1	2	3	4	5
3. If I talk about my Diabetes TeleCare group, I usually say 'we' rather than 'they'.	1	2	3	4	5
4. The successes of my Diabetes TeleCare are my successes.	1	2	3	4	5
5. When someone praises my Diabetes TeleCare group, it feels like a personal compliment.	1	2	3	4	5
6. If a story in the media criticized my Diabetes TeleCare group, I would feel embarrassed.	1	2	3	4	5

Questions 7 - 11 are about the goals of your Diabetes TeleCare group (reducing blood sugar levels, maintaining a healthy diet, exercising more, etc.)

	Strongly disagree					Strongly agree
	1	2	3	4	5	
7. I am confident in my ability to successfully and consistently accomplish my Diabetes TeleCare group goals?	1	2	3	4	5	
8. It's hard to take my Diabetes TeleCare group goals seriously.	1	2	3	4	5	
9. It's unrealistic for me to expect to follow my Diabetes TeleCare group goals.	1	2	3	4	5	
10. It is quite likely that my Diabetes Telecare group goals may need to be revised, depending on how things go.	1	2	3	4	5	
11. Quite frankly, I don't care if I achieve my Diabetes TeleCare group goals or not.	1	2	3	4	5	

Questions 12 – 23 are about the attitudes and feelings others have about managing diabetes.

For questions 12 - 17, an example of the range of responses from 1 to 7 is shown below. Circle the number that best represents your response to each question.

- 1 = None
- 2 = A few
- 3 = Several
- 4 = Undecided
- 5 = Some
- 6 = Most
- 7 = All

12. How many of your friends and peers with diabetes would think that engaging in managing their diabetes was a good thing to do?	None							All
	1	2	3	4	5	6	7	
13. How many of your friends and peers with diabetes would engage in managing their diabetes?	None							All
	1	2	3	4	5	6	7	
14. How many in your Diabetes TeleCare group would think that engaging in managing their diabetes was a good thing to do?	None							All
	1	2	3	4	5	6	7	
15. How many in your Diabetes TeleCare group would engage in managing their diabetes?	None							All
	1	2	3	4	5	6	7	
16. How many of the people with diabetes who are important to you would engage in managing their diabetes during the next 6 months?	None							All
	1	2	3	4	5	6	7	
17. How many of the people who are important to you in your Diabetes TeleCare group would engage in managing their diabetes during the next 6 months?	None							All
	1	2	3	4	5	6	7	

For questions 18 - 21, an example of the range of responses from 1 to 7 is shown below. Circle the number that best represents your response to each question.

- 1 = 0%
 2 = 10%
 3 = 40%
 4 = Undecided
 5 = 60%
 6 = 90%
 7 = 100%

18. Think about your friends and peers with diabetes. What percentage of them do you think engage in managing their diabetes?	0%							100%
	1	2	3	4	5	6	7	
19. Think about your Diabetes TeleCare group members. What percentage of them do you think engage in managing their diabetes?	0%							100%
	1	2	3	4	5	6	7	
20. Think of the people with diabetes who are important to you. What percentage of them do you think engage in managing their diabetes?	0%							100%
	1	2	3	4	5	6	7	
21. Think of the people who are important to you in your Diabetes TeleCare group. What percentage of them do you think engage in managing their diabetes?	0%							100%
	1	2	3	4	5	6	7	

For questions 22 and 23, please circle the number that best represents your response to each question.

- 1 = Not at all
 2 = Almost not at all
 3 = Somewhat not at all
 4 = Undecided
 5 = Somewhat completely
 6 = Almost completely
 7 = Completely

22. How much would your friends and peers with diabetes agree that engaging in managing their diabetes is a good thing to do?	Not at all							Completely
	1	2	3	4	5	6	7	
23. How much would members of your Diabetes TeleCare group agree that engaging in managing their diabetes is a good thing to do?	Not at all							Completely
	1	2	3	4	5	6	7	