

## TDES<sup>®</sup> offers:

### **Employers**

- Reduced Medical Care Costs
- Improved Employee Health
- Local Services
- Customer Support

### **Employees**

- Savings at the Pharmacy
- Improved Health
- Choice of Programs
- Personal Support

### **Educators**

- Direct Reimbursement
- Advanced Training
- Network Participation
- Professional Support

### **Training & Technical Assistance**

- Program Design
- Marketing & Outreach
- Data Collection/Analysis
- Program Evaluation

#### **TDES<sup>®</sup> Help with No Hassel!**

Program “Grad” Nicky Clark says I have had type 1 diabetes for 30 years and use

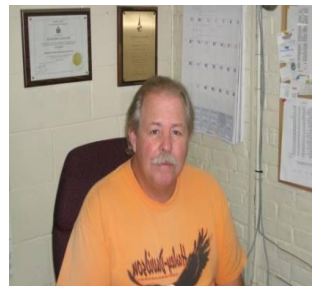


an Insulin Pump. I am a busy mother of two children and work full time. Most people don't realize how stress makes

blood sugars rise. My diabetes educator helped me deal with even the most hectic days. I got support from someone who really understood what I go through each day to stay healthy!

#### **TDES<sup>®</sup> Helps People Speak Up!**

Program participant, Don, tells us



thanks to the program, I am testing my blood sugar more often now and I feel more confident that I am in control of

my type 2 diabetes. My diabetes educator taught me how to explain what I want and need when dealing with my doctors. She helped me seek a diabetes specialist. My blood sugar has come down from a high 200 to more healthy 120. My life has really turned around since starting TDES<sup>®</sup>!

## **TDES<sup>®</sup>**

### **Program Management**

- Medical Claims Search
- Member Mailing List
- Annual outreach plans
- Process applications, authorizations
- Seek health provider approval, diagnosis, baseline data
- Choice of DSME program
- First contact in-person Pre-assessment interview, enrollment
- 10 monthly contacts for individual education & support via phone
- Final contact Post-assessment, Satisfaction Survey
- Invite to *TDES<sup>2</sup>!*
- Data analysis
- Outcomes Reporting
- Customer Service at every step



Personal Support for Persons with Chronic Disease...

*Presented by*  
**MCD Public Health**  
*in partnership with*  
Employers and Health Plans

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