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## Course Announcement:

### *Creating Opportunities for Healthy Communities*

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#### Workshop description

This interactive course will provide basic knowledge about how our social networks, community structures and local and state policies affect our health and health behavior. Its goal is to discuss the importance of planning and implementing public health strategies to create environments that make the healthy choice the easy choice and support healthy living.

Upon completion of this course, participants will be able to describe the systemic and environmental factors that influence health and health behaviors; describe the social-ecological model and steps involved in using it to select strategies for improving public health, and describe how local organizations and communities can implement important policy change strategies.

The course is divided into three modules with the following learning objectives:

#### Module 1: Where does health begin?

- Understand that health is influenced by the policies, systems and environments that surround us.
- Discuss the importance of addressing policies, systems and environments to improve health behaviors.

#### Module 2: A Framework for Policy, System and Environment Change

- Identify levels of influence in the Social Ecological Model and organizations included in each level.
- Use the Social Ecological Model to define multiple influences on community health and to identify actionable strategies for improving health at various levels of the model.
- Recognize relative differences in outcomes and sustainability of health intervention strategies using the Health Impact Pyramid.

#### Module 3: Putting it into Practice

- Understand how to identify targets for policy, system and environment change in your local community.
- Identify steps you can take to move a local community toward a policy, system, or environment change.
- Describe the role public health practitioners can play in bringing about change in local communities.

This course is offered in conjunction with the Prevention Research Center at the Ohio State University College of Public Health and the Ohio Department of Health.

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**Audience** The target audience for this workshop includes: health advocates, epidemiologists, health educators, program planners, grant managers and other public health professionals; state agency staff (e.g., education, transportation, aging, agriculture, etc.); regional and city planners; local and county engineers; representatives from schools (e.g., health/physical education teachers, principal, nurse, food service, wellness committee members, school board members), community-based and faith-based organizations (e.g., recreation directors, child care centers, health ministry members, pastor, youth ministers), health care and business (e.g., hospital and clinic staff, employers and business owners, employee health and wellness providers, community outreach coordinators), and elected officials.

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**Course format** This is an online, self-directed course that can be taken at any time. Participants control the pace at which they navigate through the three modules of the course.

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**Cost** The course is being offered at no cost.

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**Completion requirements** Participation in all three modules and completion of a post-course quiz are required for successful course completion.

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**Registration** To register for this workshop go to <https://www.cphplearn.org>, the Center for Public Health Practice Learning Content Management System (LCMS). Enter your username and password, **OR** if you are a first-time user, select **Create Account** and enter your profile information. *TRAIN users may want to use the same username and password for both TRAIN and the LCMS.*

Click on **Course Catalog**, click on **View** beside *Creating Opportunities for Healthy Communities*. Scroll to the bottom of the page and click on **LCMS Registration**. Once the registration process is complete, you will receive a confirmation email.

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**Registration  
continued**

To have your registration also appear in your TRAIN transcript, you will need to stay logged into the LCMS, click on **My Training**, select beside the course title, scroll to the bottom of the page, and click on **TRAIN Registration**.

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**Sponsors**

This workshop is brought to you by the Prevention Research Center at The Ohio State University's College of Public Health, the Ohio Department of Health and the Ohio Public Health Training Center located within the Center for Public Health Practice in the College of Public Health at The Ohio State University.

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**Disclosure**

There is no commercial support for this workshop nor do the developers and planning committee members have any conflict of interest. There will be no mention of off-labeled product uses.

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**Inquiries**

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