Total number of enrolled participants = 527

Gender (n=518)
  Female 73%
  Male 27%

Race/ethnicity (n=513)
  African American/black 30%
  Latino/Hispanic or Spanish origin 6%
  Caucasian/white 56%
  Asian/Asian American 1%
  Other race or ethnicity 2%
  Two or more races/ethnicities 5%

Age (n=515)
  Average age 50 years
  Range 1 year through 93 years

Household Composition
  35% reported living alone
  34% reported at least one child living in household
  Average number of children living in household = 1, range 0 to 8

Income-Total Household (n=516)
  58% of participants reported a household income of less than $15,000 per year
  58% reported skipping meals during the past year because there wasn’t enough money for food

Bridge Card/EBT (“food stamps”) (n=520)
  54% reported current Bridge Card use

Residency
  42% of participants reported living in Ypsilanti zip codes (48197 and 48198)
  10% cited Chelsea zip code (48118)
Health

58% rated their health as “poor” or “fair”

Percent reporting having been diagnosed with the following conditions:

- Diabetes 27%
- Heart disease or high blood pressure 51%
- High cholesterol 24%
- Overweight/obesity 57%
- Underweight 4%

Health Knowledge (n=525)

97% agreed that eating more fruits and vegetables helps people manage chronic health issues better

Farmers’ Markets

40% of participants reported not having shopped at a farmers’ market before

68% said they did not know that EBT/Bridge Cards (“food stamps”) could be used at many local farmers’ markets

Fruit and Vegetable Intake

Mean daily fruit and vegetable intake was 1.5 cups